



Additional Entrée Choice: **Sandwich of the Week**
Week 1-Turkey and Cheese
Week 2-Ham and Cheese
Week 3-EZ Jammers Wow Butter
Week 4-Tuna



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
"USDA is an equal opportunity provider and employer."



Monday



Tuesday

Wednesday

Thursday

Friday

7
SUPER BIG DADDY
 Pepperoni Pizza
 Breaded Okra
 Broccoli or Cherry Tomatoes w/
 Creamy Ranch Dressing
 Pineapple Chunks
 Carnival Cookie

8
Crispy Chicken Fingers
 Crinkle Cut Fries
 Pork 'n Beans
 Juicy Peach Slices
 Hot Dinner Roll

9
Choice of: Soft Shell Tacos
 Or Tacos w/ Nacho Chips
 Seasoned Corn
 Salsa
 Lettuce, Tomato, & Yummy
 Queso Cheese
 Mandarin Oranges

10
Crispy Chicken Patty
 w/ Gravy
 Creamed Potatoes
 Green Beans
 Sweet Baked Apples

11
Choice of: Garden Salad
 w/ Ham or Ham & Cheese
 Sandwich, Cool Ranch Doritos
 Crunchy Baby Carrots w/ Creamy
 Ranch Dressing
 Fruit Slushie
 Lemon Blue Raspberry

14
SUPER BIG DADDY
 Cheesy Pizza
 Potato Smiles
 Celery Sticks or Cucumber
 Slices w/ Creamy Ranch
 Dressing, Pineapple Chunks
 Iced Brownie Bar

15
Awesome Popcorn
 Chicken
 Green Peas
 Creamed Potatoes
 Juicy Peach Slices
 Hot Dinner Roll

16
Corn Dog Nuggets
 Goopy Mac 'n Cheese
 Baked Beans
 Mandarin Oranges

17
Tasty Cheeseburger or
 Hamburger
 Nacho Cheese Doritos
 Pork 'n Beans
 Strawberry-Mango Slushie

18
Choice of: Garden Salad
 w/ Turkey & Goldfish Crackers
 or Tortilla Chips &
 Salsa Cup, String Cheese
 Crunchy Baby Carrots w/ Creamy
 Ranch Dressing
 Dole Mixed Fruit Cup

21
EXCEPTIONAL Cheesy
 School Pizza
 Breaded Okra
 Pineapple Chunks
 Triple Chocolate Cookie

22
Chicken Nuggets
 Seasoned Corn
 Glazed Carrots
 Juicy Peach Slices

23
Delicious Salisbury Steak
 Creamed Potatoes
 Broccoli w/ Cheese Sauce
 Hot Dinner Roll
 Mandarin Oranges

24
Ball Park Hot Dog
 w/ Toppings
 Crinkle Cut Fries
 Watermelon Wedges
 Sugar Cookie

25
Choice of: Garden Salad
 w/ Ham or Pizza Lunchable
 Funyuns or Sweet
 Chili Doritos
 Crunchy Baby Carrots w/ Creamy
 Ranch Dressing
 Dole Orange Cup

28
SUPER BIG DADDY
 Cheesy Pizza
 Tossed Salad
 Seasoned Corn
 Pineapple Chunks
 Chocolate Chip Cookie

29
Crispy Chicken Tenders
 Green Beans
 Creamed Potatoes
 Juicy Peach Slices
 Texas Toast

30
Tasty Cheeseburger or
 Hamburger
 Pork 'n Beans
 Crinkle Cut Fries
 Mandarin Oranges

31
Albie's EZ Jammer
 Wow Butter Sandwich or
 Ham and Cheese Sandwich
 Sweet Potato Waffle Fries
 Crunchy Broccoli w/ Creamy
 Ranch Dressing
 Watermelon Wedges

