



**School Information:** Choice of: Fat-Free Chocolate Milk or Low-Fat Milk



**Nutrition Tip:** Be sure your family fuels up with a healthy breakfast everyday!

**"USDA is an equal opportunity provider and employer."**



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Second Breakfast Available to All Junior High Students this School Year! **1**

Galaxy Breakfast Pizza or Cocoa Puffs w/ Scooby Doo Graham Crackers or Strawberry Poptart  
Mandarin Oranges  
Orange Juice **2**

Breakfast Chicken Slider or Honey Nut Cheerios w/ Chocolate Chip Gripz or Frosted Fudge Poptart  
Bananas  
Apple Juice **3**

Doughnut Holes w/ Honey Glaze  
Trix Cereal w/ Despicable Me Graham Crackers or Strawberry Poptart,  
Apple Slices  
Grape Juice **4**

Choice of: Mini Powdered Doughnuts or Mini Chocolate Doughnuts or Lucky Charms w/ Keebler Bug Bites or Strawberry Poptart  
Strawberry Cup  
Apple Juice **7**

Bacon, Egg, and Cheese Croissant or Trix Cereal w/ Keebler Graham Crackers or Fudge Poptart  
Peach Slices  
Grape Juice **8**

Galaxy Breakfast Pizza or Cocoa Puffs w/ Scooby Doo Graham Crackers or Strawberry Poptart  
Mandarin Oranges  
Orange Juice **9**

Sausage Slider or Honey Nut Cheerios w/ Chocolate Chip Gripz or Fudge Poptart  
Bananas  
Apple Juice **10**

Cinnamon Rolls or Trix Cereal w/ Despicable Me Graham Crackers or Strawberry Poptart  
Apple Slices  
Grape Juice **11**

Chocolate Muffin or Lucky Charms w/ Keebler Bug Bites or Strawberry Poptart  
Strawberry Cups  
Apple Juice **14**

Bacon, Egg, and Cheese Croissant or Trix Cereal w/ Keebler Graham Crackers or Fudge Poptart  
Peach Slices  
Grape Juice **15**

Galaxy Breakfast Pizza or Cocoa Puffs w/ Scooby Doo Graham Crackers or Strawberry Poptart  
Mandarin Oranges  
Orange Juice **16**

Breakfast Chicken Slider or Honey Nut Cheerios w/ Chocolate Chip Gripz or Frosted Fudge Poptart  
Bananas  
Apple Juice **17**

Doughnut Holes w/ Honey Glaze  
Trix Cereal w/ Despicable Me Graham Crackers or Strawberry Poptart,  
Apple Slices  
Grape Juice **18**

Choice of: Mini Powdered Doughnuts or Mini Chocolate Doughnuts or Lucky Charms w/ Keebler Bug Bites or Strawberry Poptart  
Strawberry Cup  
Apple Juice **21**

Bacon, Egg, and Cheese Croissant or Trix Cereal w/ Keebler Graham Crackers or Fudge Poptart  
Peach Slices  
Grape Juice **22**

Galaxy Breakfast Pizza or Cocoa Puffs w/ Scooby Doo Graham Crackers or Strawberry Poptart  
Mandarin Oranges  
Orange Juice **23**

Sausage Slider or Honey Nut Cheerios w/ Chocolate Chip Gripz or Fudge Poptart  
Bananas  
Apple Juice **24**

Cinnamon Rolls or Trix Cereal w/ Despicable Me Graham Crackers or Strawberry Poptart  
Apple Slices  
Grape Juice **25**

Chocolate Muffin or Lucky Charms w/ Keebler Bug Bites or Strawberry Poptart  
Strawberry Cups  
Apple Juice **28**

Bacon, Egg, and Cheese Croissant or Trix Cereal w/ Keebler Graham Crackers or Fudge Poptart  
Peach Slices  
Grape Juice **29**

Galaxy Breakfast Pizza or Cocoa Puffs w/ Scooby Doo Graham Crackers or Strawberry Poptart  
Mandarin Oranges  
Orange Juice **30**

Breakfast Chicken Slider or Honey Nut Cheerios w/ Chocolate Chip Gripz or Frosted Fudge Poptart  
Bananas  
Apple Juice **31**

