



## **Class: Family & Consumer Science (Important Life Skills)**

### **Auburn Middle School Enrichment Class Syllabus**

**Class Description:** This class revolves around practical living, home economics, and life skills....preparation for being an adult! The class will be taught by a combination of our FRYSC Director, Mrs. Hope Strode, and agents from the Logan County Extension Office. If you want to know more the basics of living, this is the class for you!

#### **Goals/Objectives for the Class:**

Students will learn about a variety of self-help skills, useful in the home now and in the future in multiple settings.

#### **Strategies & Activities for the Class:**

**POSSIBLE** topics include:

- Cooking/Nutrition
- Basic Sewing
- Budgeting
- Etiquette/Manners/Dressing for Success
- Communication Skills (Oral and Written)
- Basic First Aid
- Basic Tools/Car Maintenance
- Household Chores/Laundry
- Job Applications
- Internet Safety/Security

#### **How Students Will Be Evaluated:**

Students will be evaluated by their skill development in practical living and home economics skills, their participation in class, and their ability to work as a responsible class/team member.

***Other Important Information:*** Additional practice of skills will be required outside of school in student's own homes, with reporting back to the class.